**Off The Beat Track – 2024 Course Notes**

**Leg 1 – start George Town Barcadere – finish opposite Vienna Circle (South Sound)**

Head out of GT Barcadere and take your first immediate right, past a few houses and new storage units on your left

Turn right off road and follow the direct trail heading North all the way until it meets the top of Sparky’s Drive (the CUC chimney stacks and a small dyke canal will be on your left as you’re running up the trail)

Run down the length of Sparkys Drive and turn right onto North Sound Way

Follow North Sound Way until the Al Thompson roundabout

Turn right onto Sound Way (between Al T’s and Humane Society) past Wellies Cool Spot to Reflections 4 Less car park

Cross Shedden Road, and through Cricket Square to Elgin Avenue

Cross Elgin Avenue and turn right through Walkers car park until you reach the mini-roundabout on Smith Road

Head straight over the mini-roundabout to Anthony Drive and turn left onto Oak Mill Street

Stay on Oak Mill Street until it becomes Outpost Street (dogs chained up after small pond on your right) until you reach Fairbanks Road.

Straight across Fairbanks Road to Secret Garden, which then becomes Hidden Garden at the end.

Head left in Hidden Garden and proceed to the gap in the condos with the pool on your left.

After the pool, turn right and you will see a gap in the bushes where there are 3 wooden crates on the ground leading into a trail.

Follow the trail all the way to the end (listen for the Ocean getting louder), where you’ll need to wade through ankle deep water into the bushes (look for a 5ft 2x4 piece of timber lodged in the ground as a marker)

Once out of the bushes you’ll have to climb over some garden waste (bushes, sticks, branches and grass cuttings) to South Sound Road

Turn left and finish at the empty lot on the Ocean front opposite Vienna Circle

Route is circa 4.97 miles, gpx file here for those with a fancy enough watch (open these notes via your mobile device and then click on the file below to open via Garmin Connect and add as a route)!!

Alternatively, link to the route here <https://www.maps.ie/map-my-route/viewMap.php?route=287158> (where you can then save/download the gpx file or Google earth file directly).



A map of a city

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